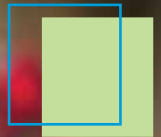


# Steps Ahead for Youth



Make a difference  
in your own life, or the life of  
your child... today!

What can a  
mentor do for me



## What's in it for you?

- /// One-on-one mentoring
- /// Someone to talk to other than parents/peers
- /// Year-long support in school and in life
- /// Have fun
- /// Learn new things
- /// Meet great adults and other great youth
- /// Go places you've never been



To learn more information about  
**Steps Ahead for Youth Mentoring Program**,  
call the Program Staff at **303.623.9140**  
or **info@coloradoyouthatrisk.org**.



**Colorado**  
Youth At Risk

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Join today! 

— Steps Ahead  
for Youth —   
Mentoring Program



**Colorado**  
Youth At Risk

## Steps Ahead for Youth



**Steps Ahead for Youth** is conducted in partnership with several public high schools in the metro area and is a one-year mentoring program for 9th & 10th grade students.

The program sets itself apart from other mentoring organizations by delivering the following:

- /// Both community and one-on-one mentoring
- /// 4 day launch course retreat in the mountains
- /// High ropes course experience
- /// A 12-month series of community workshop sessions for mentors and youth
- /// Individualized coaching
- /// Support through graduation if desired

### Who joins Steps Ahead?

- /// Youth in the 9th & 10th Grades
- /// Youth who want academic support at school
- /// Youth who want support with difficult circumstances at home, neighborhood, school
- /// Youth interested in changing the way they live their lives
- /// Youth interested in changing their future!

On average 60% of Steps Ahead participants improve their GPA, 40% improve their attendance and 70% decrease the number of referrals and suspensions during the program.



### How does it work?

**Step 1** is the launch course, which gives the youth an opportunity to examine their lives away from their everyday environment and confront past issues. Relationships between youth and mentors are developed and strengthened.

**Step 2** happens when the youth and mentor are paired one-on-one. Mentoring provides support for the youth to stay engaged and accomplish the goals that they create for themselves.

**Step 3** includes a series of community workshops which provide structure and a place to practice the core principles that were introduced at the launch course.

### What's happens next?

The Touchstone Program is a 2-3 year follow-up program to Steps Ahead designed to support students all the way through graduation. The Touchstone Program is offered ONLY to graduates of Steps Ahead and focuses on the following:

- /// Continued one-on-one mentoring
- /// Continued monthly community workshops
- /// Specialized training in relationships, leadership and life beyond high school
- /// Support with college, scholarships and careers, etc.

Colorado Youth at Risk has a proven track record over the last 4 years with 95% of youth participating in CYAR programs staying in school.

## SUCCESS STORY



### Youth – Vanessa

Before Colorado Youth at Risk I was a girl hiding behind my “hoodie”.

I quickly became a rebellious teen who didn't care what others thought. Now I'm a strong, confident woman in college. I know that I can endure anything thanks to the support of my wonderful CYAR family.

### Mentor – Sue

I signed up to become a mentor and was surprised that the two young women I was paired with inspired and challenged me to grow and learn during some challenging circumstances in my life. I now am able to be more self-expressed and make powerful choices in my life.

I have revitalized all of my relationships in my life, but most of all I am at peace with who I am.